

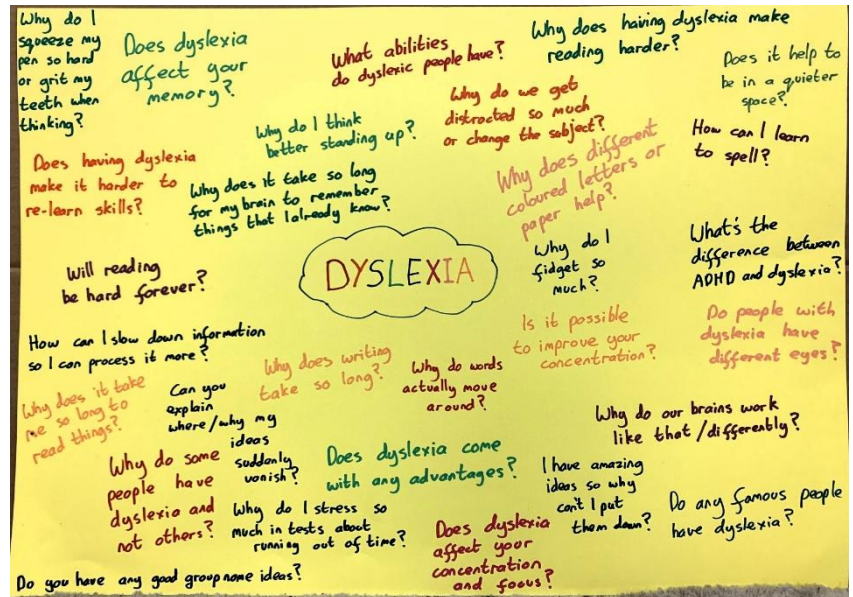
## SILCHESTER CHURCH OF ENGLAND PRIMARY SCHOOL

*Compassion, Courage & Respect*

Dear Families of Silchester,

### Educational Psychology for Dyslexia

This week, a group of our children spent some time with our Educational Psychologist, Dr Sara Freitag. They talked about what dyslexia is and how it impacts their learning. They also learnt some deeper information and new strategies to support. We were so incredibly proud of our children for their self-awareness, confidence and incredible brains as showcased by the questions (pictured) they wanted to explore.



### Quiet Club

The children are still absolutely loving our quiet club! Every lunchtime, maple classroom doors are opened from half 12 until 1 for children who find the playground a little overwhelming or busy and are welcome to take part in a quieter activity. On our Amazon wish list, you will find some crafting pieces which are proving to be very popular and are in demand!

### NSPCC – Speak Out Stay Safe

Next week, the school will be taking part in the Speak Out Stay Safe campaign. The NSPCC Speak Out Stay Safe campaign is a child protection initiative that helps children understand how to stay safe from harm and abuse. Through age-appropriate assemblies and classroom activities, it teaches children about their rights, trusted adults they can turn to, and the importance of speaking out if something worries them. The program empowers children with knowledge and confidence to seek help when needed. More information can be found here:

[Speak out Stay safe | NSPCC Learning](#)

### Pupil Voice

Our School and Eco Councils had their termly meeting this week. The children listened respectfully to each other throughout and came up with some great ideas to...

- Promote Learning Behaviours in our school

- Spread compassion in our community
- Maximise fun on this year's PTA Fun Day

### Jurassic Silchester!

Ladybirds have had a very exciting week! A dinosaur egg appeared in their garden on Wednesday, by Thursday, a baby dinosaur had hatched and escaped! Please keep your eyes peeled for a baby brachiosaurus or clues that may help our Ladybirds track him down!

### Update from the PTA

We hope everyone is settling into the new year well. The PTA had their first meeting of the year (Minutes of the meeting are available on the school & PTA websites) and are busy planning events for the Spring term. [Silchester Church of England Primary School - Our PTA](#)



First, coming up is new for 2026 - our Nearly New Sale held at school on **Sat 7th Feb**. Details can be found on the PTA Facebook page but will also feature in the newsletter.

On **Thursday 12th February** the children will be allowed to "Break the rules" again for a £1 donation.

Bags2School collection is booked for **26th February**.

Easter Discos for KS1 & KS2 are happening on **Fri 20th March** - more details coming soon!!! We would also like to hold an Easter themed event/competition so watch this space

Thank you as always for your continued support.

### Reporting Absences

Just a polite reminder, that if you child is going to be absent from school for any reason, you are required to let the office know before 9:30am. Due to safeguarding reasons, we will need to chase any reasons for absence after this time. As this is a busy time of day for teachers, sometimes messages given at the door don't make it to the office in time. Many thanks for your understanding.

### Parent Volunteers

We are always looking for people to listen to readers or join us on our trips. It is a requirement of schools that all volunteers supporting our children must first be DBS checked. Therefore, if you are interested in potentially helping out on trips or in school, please do pop into the school office to collect a volunteer pack 😊.



## Art Competition

For any budding artists wishing for a challenge, please see the poster below. This is not run by or associated with our school, but it does link with our school values of Compassion, Courage and Respect for all.

**Prizes for each age group**

Hampshire National Education Union

**Flags of Friendship Competition**

Scan the QR code for more details

**Deadline for entries: Friday 27<sup>th</sup> February (midnight)**

Design a flag to symbolise peace, unity and friendship.

## Upcoming Dates

DATE	EVENT
Wednesday 28 <sup>th</sup> January	Year 2/5/6 NSPCC Speak Out Stay Safe workshop
Saturday 7 <sup>th</sup> February	PTA Nearly New Sale – 12pm-2pm
Tuesday 10 <sup>th</sup> and Thursday 12 <sup>th</sup> February	Parent’s evenings
Thursday 12 <sup>th</sup> February	PTA Break the Rules Day
Friday 13 <sup>th</sup> February	Sycamore Roman Day
Monday 16 <sup>th</sup> -Friday 20 <sup>th</sup> February	HALF TERM
Monday 23 <sup>rd</sup> February	Inset Day
Tuesday 24 <sup>th</sup> – 27 <sup>th</sup> February	WOW Week
Thursday 26 <sup>th</sup> February	Bags2School
Thursday 5 <sup>th</sup> March	World Book Day
Tuesday 10 <sup>th</sup> March	PTA meeting
Wednesday 11 <sup>th</sup> March	Judo Day - sessions everyone to school in PE kits please
Thursday 19 <sup>th</sup> and Friday 20 <sup>th</sup> March	Year 6 Bike ability
Friday 20 <sup>th</sup> March	PTA Easter Discos
Wednesday 25 <sup>th</sup> March	Rock Steady Concert – 2:30pm
Amazon Wish List	<a href="https://amzn.eu/diet9uj">https://amzn.eu/diet9uj</a>

Wishing you all a great weekend and I’ll look forward to seeing you at the gate again on Monday.

*Rachel Moir*

Rachel Moir  
Head of School

Autumn Winter  
2025 2026

**WEEK ONE**

3/11,  
24/11,  
15/12,  
19/1,  
9/2,  
9/3

**MONDAY**

Option One

Plant Balls in Tomato  
Sauce with Rice

Option Two

Autumn Vegetable  
Lasagne

Vegetables

Vegetables of the Day

Dessert

Cheese and Crackers

**TUESDAY**

Beef Lasagne with  
Garlic Bread

Cheese & Tomato Pizza  
with wedges

Vegetables of the Day

**NEW** Apple Crumb Cake  
with Custard

**WEDNESDAY**

Roast Chicken, Stuffing,  
Roast Potatoes and  
Gravy

Vegetarian Wellington  
with Roast Potatoes and  
Gravy

Vegetables of the Day

Fruit Medley

**THURSDAY**

Chicken Biryani

**BBQ** Vegan Sausage  
Pasta with Garlic  
Bread

Vegetables of the Day

Jelly with Mandarins

**FRIDAY**

Fishfingers or Salmon  
Fishfingers with Chips &  
Tomato Sauce

Cheese and Bean Pasty  
with Chips and Tomato  
Sauce

Vegetables of the Day

Syrup Sponge with  
Custard

**WEEK TWO**

10/11,  
1/12,  
5/1,  
26/1,  
23/2,  
16/3

Option One

Classic Cheese and  
Tomato Pizza  
with Wedges

Option Two

Mild Mexican Chilli with  
Rice

Vegetables

Vegetables of the Day

Dessert

**NEW** Gingerbread  
Cookie

Spaghetti  
Bolognese

Vegan Spaghetti  
Bolognese

Vegetables of the Day

Chocolate and Beetroot  
Brownie with Chocolate  
Sauce

BBQ Chicken with  
Seasoned Potatoes  
and Sweetcorn Salsa

Quorn with Seasoned  
Potatoes and  
Sweetcorn Salsa

Vegetables of the Day

Fruit Salad

Meatballs in Tomato  
Sauce with Rice

**Creamy** Chickpea and  
Coconut Curry with Rice

Vegetables of the Day

Sticky Toffee Apple  
Crumble with Custard

Breaded Fish or  
Fishfingers with Chips &  
Tomato Sauce

**Cheese Whirl** with Chips  
and Tomato Sauce

Vegetables of the Day

Vanilla Shortbread

**WEEK THREE**

17/11,  
8/12,  
12/1,  
2/2,  
2/3,  
23/3

Option One

Macaroni  
Cheese

Option Two

**NEW** Chefs Special  
Lentil Curry with Rice

Vegetables

Vegetables of the Day

Dessert

Oaty Cookie

**NEW** Chicken 50%  
Enchilada Bake with  
Paprika Wedges

Tomato Pasta

Vegetables of the Day

Pear Crumble with  
Custard

Sausage with Roast  
Potatoes and Gravy

Vegan Sausage and  
Roast Potatoes  
with Gravy

Vegetables of the Day

Fruit Salad

BBQ Chicken  
Pizza With wedges

**Cheese & Tomato Pizza**  
with wedges

Vegetables of the Day

**NEW** Jamaican Ginger  
Cake with Custard

Fishfingers with Chips &  
Tomato Sauce

**Red Pepper Frittata** with  
Chips & Tomato Sauce

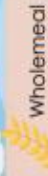
Vegetables of the Day

Comflake Tart

**MENU KEY**



Added Plant Protein



Wholemeal



Vegan

Chef's Special

**Available Daily:** - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection - Fresh Fruit and Yoghurt

**ALLERGY INFORMATION:**

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.