



Silchester C of E Primary School



Menus

Spring Term 2026

| Week commencing | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|--|--|---|--|--|--|--|--|---|--|---|
| | Breakfast | After School | Breakfast | After School | Breakfast | After School | Breakfast | After School | Breakfast | After School |
| 5th January 26th January 23rd February 16th March | Pancakes Fruit Loaf GF Pancakes (V) | Muffins Jam Crisps Rice Cakes (V) | Toast Cereal GF White Loaf (V) | Strawberry / Banana Kebabs Yoghurts No Yogurt | Cereal Malt Loaf (V) (Soreen) | Sausage Rolls Rice Cakes (V) | Toast Pancakes GF White Loaf (V) | Wraps Cheese / Ham Crisps GF Wraps (V) | Muffins Jam / Golden Syrup Free From Fruit Loaf (V) | Crackers Cheese Wholegrain Crackers (V) |
| 12th January 2nd February 2nd March 23rd March | Toast Cereal GF White Loaf (V) | Crumpets Cheese / Jam GF White Loaf (V) | Pancakes Fruit Loaf GF Pancakes (V) | Sausage Rolls GF Pittas (V) | Muffins Jam / Golden Syrup Rice Cakes (V) | Pitta Bread Cheese / Ham Crisps GF Pittas (V) | Fruit Loaf Yoghurt Free From Fruit Loaf (V) No Yogurt | Crackers Cheese / Ham Crisps Wholegrain Crackers (V) | Toast Pancakes GF White Loaf (V) | Bagels Cream cheese GF Bagels |
| 19th January 9th February 9th March | Fruit Loaf Free From Fruit Loaf (V) | Sausage Roll Rice Cakes (V) | Muffins Jam / Golden Syrup Rice Cakes (V) | Fruit Loaf Watermelon Free From Fruit Loaf (V) | Toast Pancakes GF White Loaf (V) | Wraps Cheese / Ham Crisps GF White Loaf (V) | Cereal Malt Loaf (V) | Muffins Jam Crisps Free From Fruit Loaf (V) | Toast Cereal GF White Loaf (V) | Crumpets Cheese / Jam GF Bagels |

Potential Dairy Intolerance - Milk to be substituted with Alpro Oat milk

Wheat Intolerance **V=Vegetarian**

PLEASE NOTE - Fruit will be available on each breakfast session and veg sticks on each after school session

Menu could be subject to change due to food stock