



# SILCHESTER CHURCH OF ENGLAND PRIMARY SCHOOL

*Compassion, Courage & Respect*

Dear Families of Silchester,

## Forest Schools

It was so nice to welcome the return of Forest Schools this week. This term, Sycamore Class will be attending weekly sessions for the next 5 weeks. Despite the weather, lots of fun was had erecting tarpaulins to provide shelter and cooking with mud!



## Zones of Regulation

We have recently launched using ‘The Zones of Regulation’ at Silchester as a way of teaching children the awareness and tools they need for emotional regulation. If you child talks about being in a particular-coloured zone, this is what they are referring to! Each class has a slightly different (age appropriate) way of using the zones, but we have already found that our children are using this to identifying emotions and even supporting each other to find solutions together. Hopefully promoting positive mental health for the future.

The Zones of Regulation is a trusted, evidence-based framework that builds emotional regulation and behavioural skills for life. Grounded in cognitive behavioural science, it gives individuals and communities a common language for navigating emotions—and the practical strategies to do it well.

### Why It’s Different:

- ✓ Supports neurodivergent and neurotypical learners alike
- ✓ Enhances learning, focus, and resilience
- ✓ Builds capacity for co-regulation and connection

Also sent out with this newsletter is a leaflet that explains it in more detail.



## News from The PTA

Our fabulous PTA had their first meeting of the new year this week. Here are a few notices for all:

- **Christmas Cards** – Information about Christmas Cards has already been sent out. Have fun designing! Please can all entries be returned to school by **Tuesday September 30<sup>th</sup>**?
- **AGM** – The Annual General Meeting will be held online on Wednesday 15<sup>th</sup> October at 8pm.
- **Class Reps** – We are looking to set up Class Reps for each class. This role would involve disseminating school/PTA information to the other parents in your child's class. We are looking for one willing volunteer from every class! If you are interested, please speak to Mrs Moir or the school office.
- **Fundraising** – The PTA hold a number of fundraising events throughout the year: Rainbow Run, Silchester's Got Talent, Christmas Fayre, Break the Rules Day, Discos etc. All of the money they raise goes back into school to fund the additional extras and exciting opportunities for your children. Thanks to their hard work and your support, the PTA fund WOW Weeks, inflatables day, school trips, IT extras,
- **Meet, Greet, Eat and Treat!** – On **Friday 17<sup>th</sup> October**, we will be opening up the hall after school and invite parents for a cake and toy exchange. We'll be accepting donations for the PTA but the main reason for this event is for parents, new and old, to get to know each other and catch up! All donations of cakes and toys gratefully accepted.

## Holiday Club

We recently sent out communications about potentially running a holiday club at Silchester. Unfortunately, we have not had enough interest in this so are unable to offer at present. If there is a bigger demand for this in the future, we will look to set one up.

## Silchester Community Orchestra

Claire Eldridge has asked me to promote and invite both you and your children to join the Silchester Community Orchestra.

They meet on Sundays in the Club Room at the Silchester Village Hall between 5 and 6 even during the holidays, it's free to attend and there's no minimum age or standard.

They are really keen to make sure that everyone has the opportunity to play, whether they're just starting out, getting back into it or semi pro. The parts are arranged so that there's something for everyone.

For further details, please see the attached poster.

**SILCHESTER COMMUNITY ORCHESTRA**

Silchester Village Hall

In the Club Room on Sundays from  
5pm - 6pm

Everyone is welcome, regardless of age or ability.  
It's free to attend.

For more information, please contact Claire on  
07816664309 or [cveldridge@gmail.com](mailto:cveldridge@gmail.com)

Violin  
Viola  
Cello  
Double bass  
Flute  
Piccolo  
Saxophone  
Clarinet  
Bass Clarinet  
Oboe  
Cor Anglais  
Bassoon  
Trumpet  
Trombone  
Tuba  
Euphonium\*  
Baritone  
Horn  
Anything else I've forgotten

We can't accommodate the following but if you're interested, I know someone who can:  
Banjo  
Guitar  
Ukele

## Silchester Open Days

If you have a child who is due to start reception next year, or know someone else who has children this age, please come along and spread the word about our upcoming Open Days.

## Hurst Open Day

Those in year 6 who would like to attend The Hurst Open Days this year will have noted that they are happening during our Year 6 PGL Residential.

We have been in communication with The Hurst who have been ever so kind in rearranging an alternative date just for Silchester Parents. Therefore, should you wish to attend, this is now happening at The Hurst on **Wednesday 15<sup>th</sup> October from 9:15am-10:15am**. All year 6 children attending will have their absence authorised from school.



Compassion, Courage and Respect

# Silchester

Church of England Primary School

# Open Days

**Tuesday 14<sup>th</sup> October: 9:00am – 10:15am**

**Wednesday 22<sup>nd</sup> October: 9:00am – 10:15am**

**Thursday 6<sup>th</sup> November: 9:00am – 10:15am**

**Is your child starting school in September 2026?**  
We invite you to come and have a look around our wonderful school. Our Open Days will consist of a brief presentation, followed by a tour of the school and the opportunity to ask any questions.  
We hope to welcome you soon!

School Lane,  
Silchester,  
RG7 2NJ  
adminoffice@silchester.hants.sch.uk  
0118 9700256

If you can't make any of the above dates, please do contact our school office to arrange an individual tour.





## Silchester Sponsorship for SAMS

Sam Dunn visited the children this Thursday to talk about the upcoming challenge. All children from Silchester will be encouraged to take part in the sponsored run on Friday 3<sup>rd</sup> October. More details and the link to Silchester's sponsorship page below:

### This year, hope runs on young legs.

IronSam returns with a mission far greater than distance: to inspire a movement powered by hope, justice and compassion. Over five schools, he will run more the distance of a marathon (26.2 miles) — but the true strength of this challenge lies in the hands — and hearts — of the children running beside him. **Hundreds of students** will take on personal running goals, each one choosing to take a step, to move, and to believe in their own potential. Among them, **five extraordinary relay teams** will carry something more than just momentum — they'll carry **Batons of Hope**, passed from school to school like torches of literal hope, unity, and belief for a connected and compassionate community.

Every step these young runners take is a declaration: **We are the future, and we choose hope, justice and compassion.**

**Day 2**, the challenge shifts — but the mindset deepens.

IronSam will take on a punishing **125-mile solo bike ride**, driven not by ego, but by compassion for the children and young lives in his community. At the same time, those same student teams will return, stepping up once more to complete a **125-mile relay ride** — all within the confines of their local **Sainsbury's foyer**. They'll ride through fatigue, cheer each other on, and prove that hope isn't just an idea — it's alive and beating at the heart of our community.

This isn't about breaking records.

It's about **passing hope** from one child to another — from one school to the next — and watching it grow.

This challenge isn't just running or cycling, it's **empowering a generation to believe that compassion is strength, that hope is alive, and that even the smallest runner can carry something powerful enough to change their world.**

## [SAMS - Silchester IronSAMS Relay](#)

### **Halloween Alternative**

Churches Together Around Tadley are thrilled to announce the return of the Blazing Lights Party – a night bursting with fun, laughter, and glowing adventures! 🌟

This free event is packed full of exciting activities your children will love:

- 🌈 Glow-stick games like bowling and hula hoops
- 🎨 Creative crafts and den building



- 🔥 Cosy campfire stories with gooey s'mores

Every zone offers treats for their trick-or-treat bags! 🍬 ✨

Spaces are limited, so make sure you grab your spot today:

👉 [Sign up here](#)

As a positive alternative to Halloween costumes, we'd love for the children to come dressed in something bright and colourful to make the most of the UV lights!

🌟 If you have any questions at all, please don't hesitate to get in touch. We can't wait to see you there – it's going to be a glowing good time! 🙌

Sam + the Blazing Lights Team.



## Upcoming Key Dates

DATE	TIME	EVENT
Monday 22 <sup>nd</sup> September	15:30	PGL Meeting for Year 6 parents
Wednesdays: 24/9, 1/10, 8/10, 15/10, 22/10	am	Forest Schools for Sycamore Class
Thursday 25 <sup>th</sup> September	-	Flu Immunisations
Friday 3 <sup>rd</sup> October	pm	School Harvest Festival
Friday 3 <sup>rd</sup> October	am	IRON Sam – Sponsored Challenge Run – all in PE kit please!
Saturday 4 <sup>th</sup> October	9:00 – 11:00	IRON Sam – Cycle Challenge in Sainsburys
Sunday 5 <sup>th</sup> October	11:00	St Mary's Church Harvest at Silchester Village Hall
Monday 6 <sup>th</sup> October – Friday 10 <sup>th</sup> October	All week	Year 6 PGL Residential
Monday 13 <sup>th</sup> October	9:00	Year R Parents invited to watch phonics
Tuesday 14 <sup>th</sup> October	9:00 – 10:15	Open Day for 2026 intake
Tuesday 14 <sup>th</sup> October	9:00 – 14:30	AWE Ada Lovelace STEM Day (selected pupils)
Wednesday 15 <sup>th</sup> October	9:15 – 10:15	The Hurst Open Morning for Year 6s
Wednesday 15 <sup>th</sup> October	9:00	Year R Parents invited to watch phonics
Friday 17 <sup>th</sup> October	15:30	Meet, Greet, Eat and Treat!
Monday 20 <sup>th</sup> October	am	Individual and sibling school photos
Wednesday 22 <sup>nd</sup> October	9:00 – 10:15	Open Day for 2026 intake
Tuesday 21 <sup>st</sup> October	15:30 18:00	Parents Evening
Thursday 23 <sup>rd</sup> October	15:30 18:00	Parents Evening
Thursday 23 <sup>rd</sup> October	-	DT Trip to QMC
Friday 24 <sup>th</sup> October	-	DT Trip to QMC
Thursday 30 <sup>th</sup> October	17:00 19:00	CTAT Blazing Lights Party - <a href="#">Blazing Lights Party 2025 (30-Oct-2025)</a> · <a href="#">ChurchSuite Events</a>
Monday 27 <sup>th</sup> October – Friday 31 <sup>st</sup> October	All week	HALF TERM HOLIDAY
Monday 3 <sup>rd</sup> November – Friday 6 <sup>th</sup> November	All week	WOW Week for Design & Technology
Friday 6 <sup>th</sup> November	9:00	Bags2School Collection for the PTA
Friday 6 <sup>th</sup> November	9:00 – 10:15	Open Day for 2026 intake
Friday 7 <sup>th</sup> November	-	DT Trip to QMC

Monday 10 <sup>th</sup> November	am	Chestnut Class Virtual Victorians
Wednesday 12 <sup>th</sup> November – Friday 14 <sup>th</sup> November	3 days	Year 5 Residential to Ufton Court
Thursday 13 <sup>th</sup> November	am	KS1 Drama Workshop
Friday 14 <sup>th</sup> November	-	DT Trip to QMC
Saturday 29 <sup>th</sup> November	15:00 18:00	PTA Christmas Fair
Thursday 4 <sup>th</sup> December	19:00 21:00	PTA Wreath Making Evening
Friday 5 <sup>th</sup> December	am	Ladybirds Theatre Trip

I hope that you and your families have a great weekend, and I'll look forward to welcoming you back on the gate on Monday.

*Rachel Moir*

Rachel Moir  
Head of School

Spring Summer 2025

WEEK ONE

21/4 12/5  
9/6 30/6  
21/7 1/9  
22/9 13/10

MONDAY

Cheese and tomato pasta

Tomato and Lentil Pasta

Vegetables of the Day

Apple Slapjack

TUESDAY

BBQ Chicken Pizza with Salads

Cheese and Tomato Pizza with Salads

Vegetables of the Day

Summer Lemon Cake

WEDNESDAY

Sausage, Roast Potatoes & Gravy

Roasted Quorn, Roast Potatoes, & Gravy

Vegetables of the Day

Fruit Platter

THURSDAY

Spaghetti Bolognese

NEW Chefs Special Chickpea Curry with Rice

Vegetables of the Day

Strawberry Jelly with Mandarins

FRIDAY

Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce

Cheese & Bean Pasty with Chips & Tomato Sauce

Vegetables of the Day

Chocolate Brownie

WEEK TWO

28/4  
19/5  
16/6 7/7  
8/9 29/9  
20/10

Option One

Lentil and Sweet Potato Curry with Rice

Option Two

Cheese and Tomato Pizza with Salads

Vegetables

Vegetables of the Day

Dessert

Iced Vanilla Sponge

Option One

Pork or Chicken Hot Dog with Wedges & Tomato Sauce

Option Two

Vegan Hot Dog with Wedges & Tomato Sauce

Vegetables

Vegetables of the Day

Dessert

Freshly Chopped Fruit Salad

WEEK THREE

5/5 2/6  
23/6 14/7  
15/9 6/10

Option One

Cheese and Tomato Pizza with Salads

Option Two

Classic Vegan Bolognese

Vegetables

Vegetables of the Day

Dessert

Pear & Cocoa Upside Down Cake

Option One

Roast Turkey, Stuffing, Roast Potatoes & Gravy

Option Two

Veg Wellington, Roast Potatoes & Gravy

Vegetables

Vegetables of the Day

Dessert

Fruit Medley

MENU KEY



Added Plant Protein



Wholemeal



Vegan



Chef's Special

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection - Fresh Fruit and Yoghurt

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.